

## Body Treatments

**Body Exfoliation** - 45min **\$45**

A complete body scrub which removes dry, dead skin cells whilst leaving your skin hydrated, glowing and soft.

**Body Polish & Wrap** - 75min **\$95**

This treatment is deeply relaxing and is tailored according to how you are feeling. It can be detoxifying, calming or strengthening and will leave you feeling exfoliated and deeply nourished.

## Body & Facial Waxing

Lip Wax **\$13**  
 Chin Wax **\$13**  
 Eyebrow Shape **\$18**  
 Lip & Chin **\$20**  
 Lip, Chin & Eyebrow **\$25**

Underarm Wax **\$18**  
 ½ Arm Wax **\$20**  
 Full Arm Wax **\$30**

Bikini **\$20**  
 ½ Leg Wax **\$25**  
 G.string Bikini **\$30**  
 ½ Leg & Bikini **\$35**  
 ½ Leg, Bikini & Underarm **\$45**  
 Full Leg wax **\$40**  
 Full Leg & Bikini **\$50**

## Eye Treatments

Eyelash Tint **\$20**  
 Eyebrow Tint **\$13**  
 Eyelash & Eyebrow Tint **\$28**  
 Eyebrow Shape, Eyelash & Eyebrow Tint **\$38**

### Gift Vouchers

Special gift vouchers available for all treatments and packages

## Products

Please enquire about our monthly product specials

- **Pelactiv** - Skin Care Range
- **Clairderm** - Microdermabrasion
- **Intraceuticals** - Oxygen & Skin Care Range
- **Jyunka** - Multi Action Creams & Miracle Fluid
- **Taut** - Collagen Mask & Gold Standard Collagen Orange Drink.
- **Blinc Cosmetics**

## Appointments

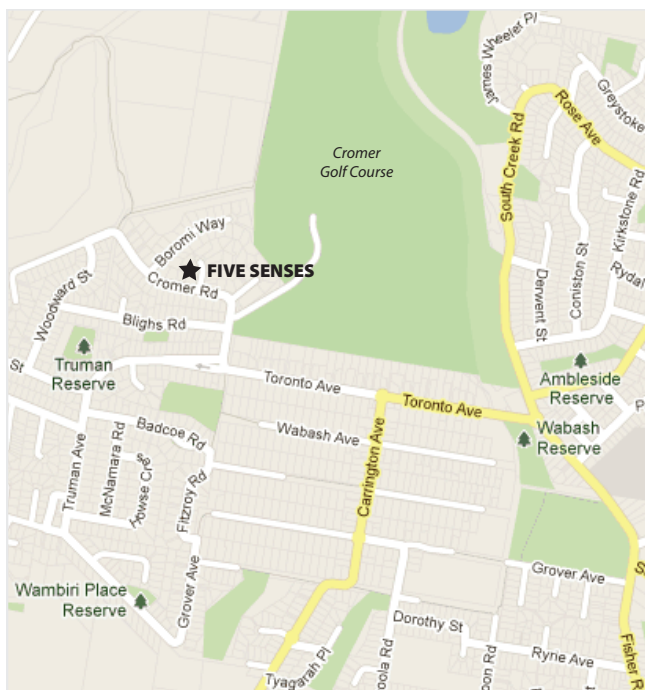
Treatments are by appointment only. Call Marg on **9981 3469** or email her at **beauty@fivesenses.info** to make a booking. All appointments are confirmed 24 hours prior to the scheduled visit.

24 hours' notice is appreciated in the event that you have to cancel or rearrange your appointment. Please allow an additional 15minutes to your first visit for a free skin consultation.

*All prices include GST. We accept Eftpos, Visa & Mastercard.*

## Salon Address

Visit Five Senses ([www.fivesenses.info](http://www.fivesenses.info)) at 1 Burrawal Place Cromer 2099



# FIVE SENSES

## FACE & BODY REJUVENATION



## Anti-Ageing Skin Specialist

### Marg Stamboulidis

Beauty Therapist (AABTH & CIDESCO)

Marg is a professional Beauty and skin care Therapist with over 11 years experience at some of the Northern Beaches' top Spas and Salons. She completed her formal training at the Peninsula College of Beauty Therapy and has since become an expert in her field, specializing in Anti-aging and skin rejuvenation treatments.

Her personal aim in having a home salon, is to offer unique, individual and personalized friendly service. Her first and foremost objective is to achieve the results you are after. With her in-depth knowledge and experience, Marg offers a vast range of services that can be tailor made to your individual needs. This ensures visibly healthier looking skin that will leave you feeling confident, relaxed and revitalized.

Call **9981 3469** to discover how Marg can help you.



# Microdermabrasion

**Mini Rejuvenator** - 30min **\$80** (6 for \$400)

A quick skin pick me up for people with little time to spare or as an introduction to further facial treatments.

**Rejuvenator**- 60min **\$110** (6 for \$550)

This skin renewal treatment, sometimes called a "lunch time peel", is a non-invasive and gentle process using micronized crystals to exfoliate the skin, reduce fine lines, wrinkles, acne scarring, age and pigmentation spots. New cell growth, as well as collagen and elastin production is stimulated once the epidermal layer of skin is exfoliated resulting in fresh, new, firm and plump skin.

*Includes a complimentary eye brow wax, hand & head massage.*

**Deluxe Rejuvenator** - 90min **\$160** (6 for \$800)

The ultimate combination of Microdermabrasion with LED Light Therapy helps to eradicate signs of ageing. This AMAZING treatment will firm and smooth fine lines and wrinkles, while restoring radiance, hydration and health to your skin immediately. Firstly Microdermabrasion will refine and smooth the skin by stimulating collagen and elastin production. This is followed by the soothing effects of LED Light Therapy which helps to increase cellular regeneration and aid in the anti-ageing process.

*This treatment also includes an AHA to gently exfoliate the skin as well as a complimentary eye brow wax, hand & head massage.*

# LED Light Therapy

**Radiance** - 30min **\$80** (12 for \$800)

Light Therapy is a scientific process that uses specific wavelengths in the visible light spectrum to rejuvenate and repair the skin. As the LEDs (Light Emitting Diodes) treat the deeper layers of skin, they have successfully proven to restore youth to ageing skin, encourage cell regeneration, calm red capillaries and skin inflamed by blemishes, and energise the skin for youthful radiance.

*Complimentary hand & head massage included.*

*For optimal results we recommend a course of 8-12 sessions over a period of 4-6 weeks (2/week). Add this LED Light Therapy to any other facial treatment for just \$50.*

## Before & After Photography

If you would like to see just how much your skin improves over a course of treatments we invite you to have a before and after photo taken. You will be amazed at the results!

# Aromatherapy

**Mini Indulgence** - 30min **\$45**

Time Poor? Then this is the facial for you. Cleanse, exfoliate, mask, tone, moisturize. Leaves your skin with a quick pick me up and you feeling refreshed.

**Indulgence** - 60min **\$90**

An intensely hydrating, rebalancing and relaxing facial, to cleanse and exfoliate the skin. Essential oils are then massaged into the skin to calm and refine the skin. Finally a specialized mask is applied while you enjoy a relaxing hand and head massage.

*Includes a complimentary eyebrow wax.*

**Deluxe Indulgence** - 90min **\$130**

A luxurious one and a half hours of total relaxation. After a thorough cleanse, a gentle AHA is used to exfoliate the skin. Essential oils are then massaged into the face, neck and décolletage. A specialised collagen mask is applied while you enjoy a hand and head massage. To finish, a selection of creams are applied to hydrate, replenish and protect the skin.

*Also receive a complimentary eye lash tint or eyebrow tint, eyebrow wax, hand & head massage.*

# Oxygen Therapy

**Infusion** - 45min **\$120** (6 for \$720)

Our Intraceuticals Infusion facial uses pressurised, pure oxygen to deliver Hyaluronic acid (a naturally occurring humectant in the skin that gradually depletes as we get older, causing our skin to lose its suppleness and vibrancy), Antioxidants, Vitamins A, C and E, Green tea and Aloe Vera deep into our skin's layers. The result is visible instantly and you will see a reduction in fine lines and wrinkles, balanced skin tone and pigmentation, and have beautifully plump, hydrated skin that is firm and glowing. There is no other non-surgical product in the world that provides a better result in less than one hour.

*Includes a complimentary eyebrow wax, plus hand & head massage.*

*For lasting results we recommend a course of 6 treatments. Add this Oxygen Therapy to any other facial treatment for just \$60.*

**Deluxe Infusion** - 60min **\$135** (6 for \$800)

With this treatment an AHA is applied to gently exfoliate the skin before a powerful serum of vitamins and antioxidants are infused into the skin with oxygen under hyperbaric pressure. The results of an Intraceuticals infusion facial are visible and lasting. The gentle process is non-invasive, and painless, perfect before a special occasion.

*Includes a complimentary eyebrow wax, eyebrow tint or eyelash tint, as well as a hand & head massage. For lasting results we recommend a course of 6 treatments.*

# Specialty Facials

**Collagen Eye Treatment** - 15min **\$20**

This treatment focuses on the delicate eye area. Helps to eliminate puffiness, improves skin texture, circulation and hydration. Perfect as an add on to any facial.

**The Purifier** - 60min **\$90** (6 for \$450)

Purifying deep cleansing facial, using an AHA solution, this hour long facial draws out impurities leaving your skin cleansed and refined. Helps to minimize pores and congestion in the skin.

*This treatment also includes a complimentary eyebrow wax.*

# Advanced Peels

**Pure Pelactiv** - 30min **\$55** (6 for \$275)

Intense treatments aimed at alleviating various skin conditions. Our peels contain a combination of AHA'S and BHA'S (up to 30% lactic). This treatment facial helps to boost collagen, elastin and new cell production for a fresher, firmer appearance.

*Add this AHA treatment to any other facial treatment for only \$15.*

**Triple Booster** - 30min **\$65**

An instant pick me up for your skin in the minimum of time. AHA and BHA solutions are used to exfoliate, hydrate and refine the skin, leaving the skin glowing and radiant. Perfect before a big event.

*Please note this is a very intense peel; it is only recommended after having a renewal treatment or course of treatments.*

**Jessner Peel** - 30min **\$75**

A light chemical peel is used to remove the superficial layers of the skin, drying out acne and dislodging blackheads. Reduces fine lines and scarring and lightens hyper pigmentation. The number of peels required varies with each person. Usually 1 to 3 treatments may be necessary.

*Please note that this peel requires a patch test to be carried out prior to application. Slight peeling may occur after the treatment.*

## Rewards & Referral Programs

Have your special card stamped every time you come and be eligible for free treatments. Refer a friend and both of you will be rewarded with 15% OFF your next treatment. Conditions apply, see online for details [www.fivesenses.info](http://www.fivesenses.info)